Hackney Circle

Keeping Sharp -Dance With Victoria



Join this weekly fun exercise class for older people.

About This Event

Learn a few steps and dance your way to better balance and agility, with benefits for your heart and mental health.

Classes are free for all. If you would like to contribute, there is a suggested donation of £3 per class to support MRS Independent Living.

Accessibility Information

Please contact services@mrsindependentliving.org / 0330 380 1013 for further information regarding accessibility.

Event Price Free 2. Event Location Marie Lloyd Centre 329-331 Queensbridge Road, London E8 3LA	Mo 10t 202	h Feb	
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Event Time

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