

# Lunch Club: Hackney Caribbean Elderly Organisation



# Hackney Caribbean Elderly Organisation

Enjoy Caribbean food at the Hackney Caribbean Elderly Organisation every Tues, Weds and Thurs!

## About This Event

Hackney Caribbean Elderly Organisation provides a welcoming and warm environment for any older person who requires support. We offer delicious lunches freshly cooked on the premises, accompanied by activities such as exercise and movement, arts and crafts, games sessions and music therapy to help everyone who attends to meet friends, maintain their independence, stay healthy and have fun! We also offer Advocacy and Befriending support via outreach and we have a Dementia Memory Group every Monday. We are lucky to have a wonderful group of volunteers to assist us in delivering all of our services.

Caribbean Lunch served: 1-2pm, Tuesdays, Wednesdays and Thursdays



### Event Time

Every Thursday  
from Thu, 15th Jan 2026  
until Tue, 1st Jan 2030

**Thu,  
22nd Jan  
2026**

1:00pm - 2:00pm



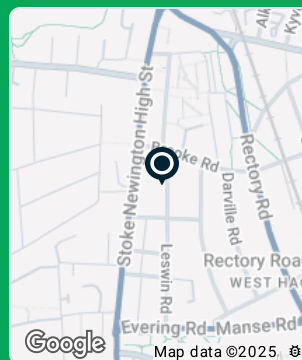
### Event Price

**£5.0**



### Event Location

Old Fire Station  
Community Centre  
39 Leswin Road,  
London,  
N16 7NX



## Accessibility Information

£5 for lunch

Annual membership £15

Please book using the contact details below.

[info@hackneycaribbean.org.uk](mailto:info@hackneycaribbean.org.uk) / 020 7923 3536

