

Lunch Club: Hackney Caribbean Elderly Organisation



Hackney Caribbean Elderly Organisation

Enjoy Caribbean food at the Hackney Caribbean Elderly Organisation every Tues, Weds and Thurs!

About This Event

Hackney Caribbean Elderly Organisation provides a welcoming and warm environment for any older person who requires support. We offer delicious lunches freshly cooked on the premises, accompanied by activities such as exercise and movement, arts and crafts, games sessions and music therapy to help everyone who attends to meet friends, maintain their independence, stay healthy and have fun! We also offer Advocacy and Befriending support via outreach and we have a Dementia Memory Group every Monday. We are lucky to have a wonderful group of volunteers to assist us in delivering all of our services.

Caribbean Lunch served: 1-2pm, Tuesdays, Wednesdays and Thursdays



Event Time

Every Tuesday

**Tue,
18th Mar
2025**

1:00pm - 2:00pm



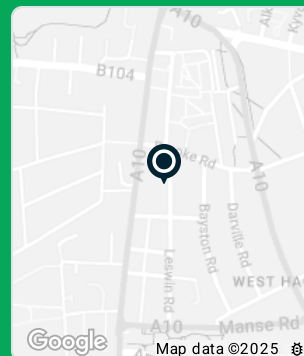
Event Price

£5.0



Event Location

Old Fire Station
Community Centre
61 Leswin Road,
London,
N16 7NX



Accessibility Information

£5 for lunch

Annual membership £15

Please book using the contact details below.

