

New Age Games: Water Aerobics at Clissold Leisure Centre



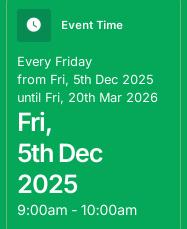
Hackney New Age Games proudly presents their 2025 - 2026 programme. Come along to take part in a fun mood-boosting activity with local residents aged 50+.

About This Event

Make a splash and relax at this Water Aerobics session at Clissold Leisure Centre.

This session is for all abilities. Registration/pool readiness takes place between 09:00- 09:10am

New Age Games helps residents to increase and sustain exercise to recommended levels. Important: To be eligible to attend the scheme, users must be a Hackney resident aged 50+. Every effort will be made to accommodate attendees, but we base places on a first come, first served basis on the day of each event. This is reflected within our guidance on our webpage. It is advised



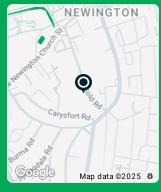
Event Price

Free



Event Location

Clissold Leisure Centre 63 Clissold Road, London N16 9EX



that you book in advance before attending. You can book by using the details in the accessibility information.

No sessions held from 7 December 2025 - 18 January 2026.

There will be no Water Aerobics sessions on Friday 31st October 2025 and Friday 20th February 2026.

Accessibility Information

To register visit: https://hackney.gov.uk/new-age-games

Alternatively speak to one of our exercise instructors or contact Darren English on 020 8356 4897 or email; NewAgeGames@hackney.gov.uk for further options.

