

New Age Games: Water Aerobics at Britannia Leisure Centre



Hackney New Age Games proudly presents their 2025 - 2026 programme. Come along to take part in a fun mood-boosting activity with local residents aged 50+.

About This Event

Take a splash and relax at this Water Aerobics session at Britannia Leisure Centre. This session is for all abilities. Registration/pool readiness takes place between 12:30pm – 12:40pm.

New Age Games helps residents to increase and sustain exercise to recommended levels. Important: To be eligible to attend the scheme, users must be a Hackney resident aged 50+. Every effort will be made to accommodate attendees, but we base places on a first come, first served basis on the day of each event. This is reflected within our guidance on our webpage. It is advised that you book in advance before attending. You can book by using the details in the accessibility information.



Event Time

Every Thursday from Thu, 11th Sep 2025 until Thu, 19th Mar 2026

Thu, 16th Oct 2025

12:30pm - 1:30pm



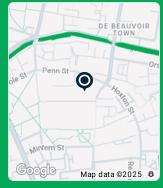
Event Price

Free



Event Location

Britannia Leisure Centre Pitfield Street, London N1 5FT



No sessions held from 7 December 2025 - 18 January 2026. Accessibility Information

To register visit: https://hackney.gov.uk/new-age-games. Alternatively speak to one of our exercise instructors or contact Darren English on 020 8356 4897 or email; NewAgeGames@hackney.gov.uk for further options.

