

# New Age Games: Water Aerobics at Britannia Leisure Centre



Hackney New Age Games proudly presents their 2025 - 2026 programme. Come along to take part in a fun mood-boosting activity with local residents aged 50+.

## About This Event

Take a splash and relax at this Water Aerobics session at Britannia Leisure Centre. This session is for all abilities. Registration/pool readiness takes place between 12:15-12:35pm.

New Age Games helps residents to increase and sustain exercise to recommended levels. Important: To be eligible to attend the scheme, users must be a Hackney resident aged 50+.

Every effort will be made to accommodate attendees, but we base places on a first come, first served basis on the day of each event. This is reflected within our guidance on our webpage.

### Event Time

Every Thursday  
from Thu, 22nd Jan  
2026  
until Thu, 19th Mar 2026

**Thu,  
22nd Jan  
2026**

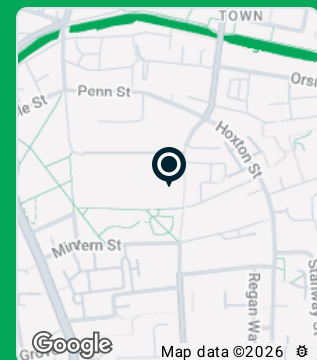
12:30pm - 1:30pm

### Event Price

**Free**

### Event Location

**Britannia Leisure  
Centre  
Pitfield Street,  
London  
N1 5FT**



## Accessibility Information

To register visit: <https://hackney.gov.uk/new-age-games>. Alternatively speak to one of our exercise instructors or contact Darren English on 020 8356 4897 or email; [NewAgeGames@hackney.gov.uk](mailto:NewAgeGames@hackney.gov.uk) for further options.

