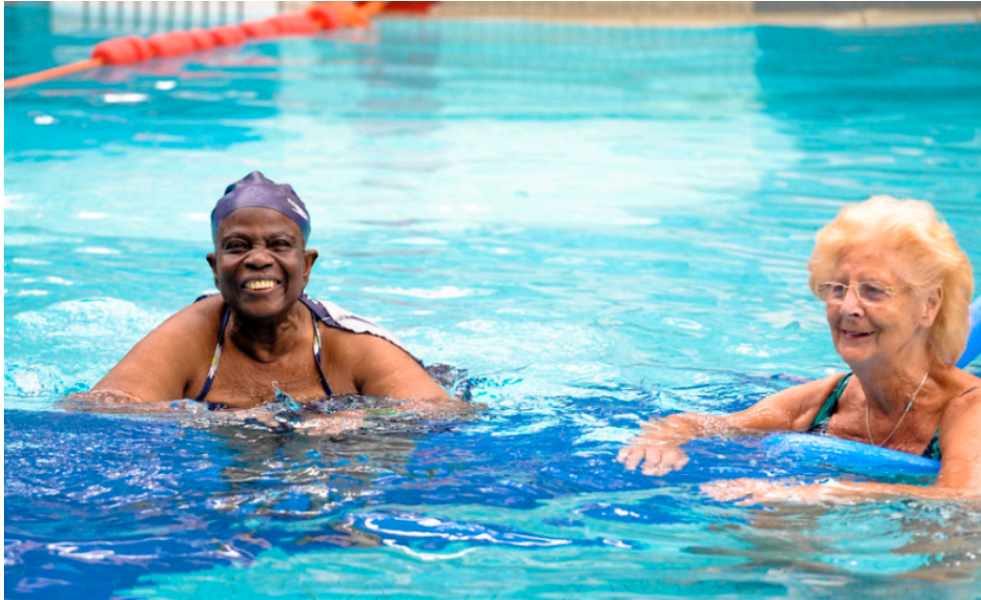


New Age Games: Beginner/intermediate swimming lessons



Hackney New Age Games proudly presents their 2025 - 2026 programme. Come along to take part in a fun mood-boosting activity with local residents aged 50+.

About This Event

Free swimming sessions for beginner or intermediate swimmers at Clissold Leisure Centre.

NB. These sessions have been moved from Kings Hall Leisure Centre.

New Age Games helps residents to increase and sustain exercise to recommended levels. Important: To be eligible to attend the scheme, users must be a Hackney resident aged 50+.

Every effort will be made to accommodate attendees, but we base places on a first come, first served basis on the day of each event. This is reflected within our guidance on our webpage.



Event Time

Every Tuesday
from Tue, 20th Jan 2026
until Tue, 10th Feb 2026

**Tue,
20th Jan
2026**

9:00am - 9:45am



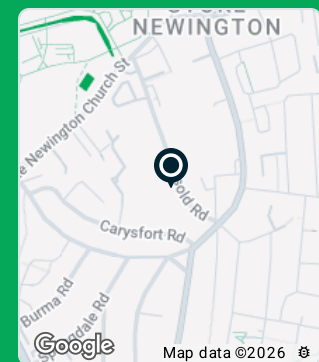
Event Price

Free



Event Location

**Clissold Leisure
Centre
63 Clissold Road
N16 9EX**



Accessibility Information

To register visit: <https://hackney.gov.uk/new-age-games>. Alternatively speak to one of our exercise instructors or contact Darren English on 020 8356 4897 or email; NewAgeGames@hackney.gov.uk for further options.

