

New Age Games: Music Movers



Hackney New Age Games proudly presents their 2025 - 2026 programme. Come along to take part in a fun mood-boosting activity with local residents aged 50+.

About This Event

Have a exercise session while listening to your favorite tunes at Britannia Leisure Centre. This session is for all abilities.

New Age Games helps residents to increase and sustain exercise to recommended levels. Important: To be eligible to attend the scheme, users must be a Hackney resident aged 50+.

Every effort will be made to accommodate attendees, but we base places on a first come, first served basis on the day of each event. This is reflected within our guidance on our webpage.

No sessions held from 7 December 2025 - 18 January 2026.

Accessibility Information



Event Time

Every Monday
from Mon, 19th Jan 2026
until Mon, 16th Mar 2026

**Mon,
19th Jan
2026**

11:15am - 12:15pm



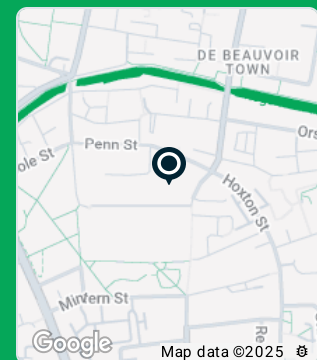
Event Price

Free



Event Location

**Britannia Leisure
Centre
Pitfield Street,
London
N1 5FT**



To register visit: <https://hackney.gov.uk/new-age-games>. Alternatively speak to one of our exercise instructors or contact Darren English on 020 8356 4897 or email; NewAgeGames@hackney.gov.uk for further options.

