

New Age Games: Yoga at the Britannia Leisure Centre



Hackney New Age Games proudly presents their 2025 - 2026 programme. Come along to take part in a fun mood-boosting activity with local residents aged 50+.

About This Event

Take a stretch and join free Yoga sessions at the Britannia Leisure Centre.

New Age Games helps residents to increase and sustain exercise to recommended levels. Important: To be eligible to attend the scheme, users must be a Hackney resident aged 50+.

Every effort will be made to accommodate attendees, but we base places on a first come, first served basis on the day of each event. This is reflected within our guidance on our webpage.

No sessions held from 7 December 2025 - 18 January 2026



Event Time

Every Thursday
from Thu, 22nd Jan
2026
until Thu, 19th Mar 2026

**Thu,
22nd Jan
2026**

11:30am - 12:30pm



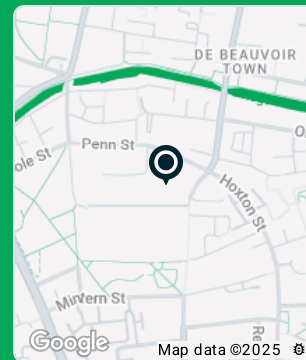
Event Price

Free



Event Location

**Britannia Leisure
Centre
Pitfield Street,
London
N1 5FT**



Accessibility Information

To register visit: <https://hackney.gov.uk/new-age-games>. Alternatively speak to one of our exercise instructors or contact Darren English on 020 8356 4897 or email; NewAgeGames@hackney.gov.uk for further options.

