

## Accessible Yoga at Homerton Library



Accessible yoga for everyone with Active Within.

## **About This Event**

All abilities welcome. No need to book - just turn up!

Homerton Library and King's Park Moving Together continue their fitness programme in 2025 at Homerton Library, thanks to funding from Sport England. Come along and try out this inclusive, accessible yoga class to stretch, relax and improve your wellbeing.

## **Accessibility Information**

- wheelchair access
- lift
- stairs with handrails on both sides
- parking nearby for blue badge holders

