

Warmth and Wellbeing Day

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ampton Park Baptist Church E9 71

Monday, 1st December

12-3pm

Everyone welcome!

A free community event offering food, advice, health support, and festive fun!

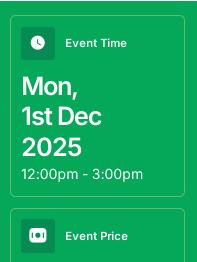
About This Event

Join us for a friendly and informative afternoon at Frampton Park Baptist Church (E9 7PQ) on Monday, 1st December, from 12–3pm.

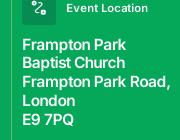
Enjoy free hot food and drinks, mince pies, and take part in crafts and a raffle. Get practical energy-saving tips, debt and income advice, and help to find local services. Free Covid and flu jabs will be available, along with guidance to help you stay well this winter.

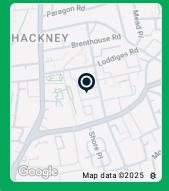
The Well Street Neighbourhood Forum will also be hosting a discussion table on diabetes and managing pain, where you can share your ideas about local health and care services.

Accessibility Information









Frampton Park Baptist Church is fully Accessible.