

# New Age Games: Water Aerobics at Clissold Leisure Centre



Hackney New Age Games proudly presents their 2025 - 2026 programme. Come along to take part in a fun mood-boosting activity with local residents aged 50+.

## About This Event

Make a splash and relax at this Water Aerobics session at Clissold Leisure Centre.

This session is for all abilities. Registration/pool readiness takes place between 09:00- 09:10am

New Age Games helps residents to increase and sustain exercise to recommended levels. Important: To be eligible to attend the scheme, users must be a Hackney resident aged 50+.



### Event Time

Every Friday  
from Tue, 24th Feb 2026  
until Fri, 20th Mar 2026

**Fri,  
27th Feb  
2026**

9:00am - 10:00am



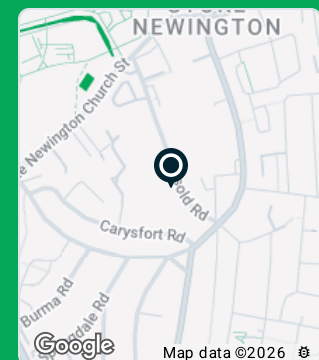
### Event Price

**Free**



### Event Location

**Clissold Leisure  
Centre  
63 Clissold Road  
N16 9EX**



Every effort will be made to accommodate attendees, but we base places on a first come, first served basis on the day of each event. This is reflected within our guidance on our webpage.

**There will be no Water Aerobics sessions Friday 20th February 2026.**

### **Accessibility Information**

To register visit: <https://hackney.gov.uk/new-age-games>

Alternatively speak to one of our exercise instructors or contact Darren English on 020 8356 4897 or email; [NewAgeGames@hackney.gov.uk](mailto:NewAgeGames@hackney.gov.uk) for further options.

