

# Hoxton Hall Dance x Life Lift



Strike a pose and dance the mornings away with D'relle West and Aaron Anderson in a series of dance sessions

## About This Event

Previously programmed in Dec 2024 - April 2025 as Dance Fun, Hoxton Hall are proud to announce the return of dance workshops for Hackney Circle. Come along to participate in a welcoming low-intensity dance/movement workshop. During the workshops, you will be guided by two practitioners through a warmup and weekly fun routine. Classes will be suitable for beginners and adapted for all levels with chair-based options.

**Sessions will take place every Tuesday until 31st March 2026**

*This programme is supported by the Marathon Foundation.*

Booking is essential. To book email [amara.merchant-read@hackney.gov.uk](mailto:amara.merchant-read@hackney.gov.uk) or call 020 8356 3762

## Accessibility Information

Hoxton Hall is full accessible. If you have any questions regarding accessibility, please contact [info@hackneycircle.co.uk](mailto:info@hackneycircle.co.uk)



### Event Time

Every Tuesday  
from Tue, 27th Jan 2026  
until Tue, 31st Mar 2026

**Tue,  
3rd Feb  
2026**

10:30am - 12:00pm



### Event Price

**Free**



### Event Location

**Hoxton Hall**  
130 Hoxton Street,  
London  
N1 6SH

