

# Gardening for Wellbeing with Hackney School of Food



Join the School of Food team at their community gardening club!

## About This Event

School of Food's Gardening for Wellbeing programme is a therapeutic gardening club designed to help participants build confidence, develop practical gardening skills and connect with nature and community. You can sign up by visiting:

<https://docs.google.com/forms/d/e/1FAIpQLSfVC4gefFOEN2sPJ4JNpPT0iTPiFYIczXoisK2PeF>

This programme works best when participants attend regularly. By signing up, you agree to attend at least the first 5 sessions.

## Accessibility Information

 Event Time

Wed,  
18th Mar  
2026

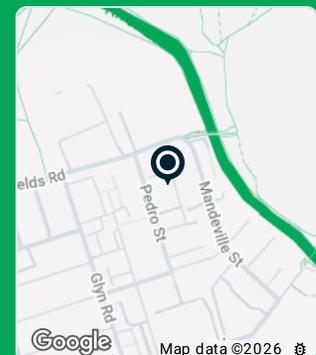
10:00am - 12:00pm

 Event Price

Free

 Event Location

Hackney School of  
Food  
Oswald Street,  
London  
E5 0BT



If you have any questions regarding accessibility, please contact [hello@hackneyschooloffood.com](mailto:hello@hackneyschooloffood.com).

