

# Water Aerobics Session at Britannia Leisure Centre



Take a dive with the fun loving team and attendees at Hackney New Age Games!

## About This Event

This Thursday afternoon opportunity encourages you to attend this guided water aerobics session alongside others in your community. All levels and abilities are welcome. Please arrive 10 minutes early. Do not enter the pool without making your attendance known. The Hackney New Age games programme is a free sport and physical activity programme to help users increase and sustain exercise to recommended levels, which contributes to a healthy lifestyle. Please note: registration/pool readiness is 12.30pm – 12.40pm.

## Accessibility Information

Britannia Leisure Centre has ground-level access, assessable changing and accessible toilets. For further information, please contact Darren English on: 020 8356 4897 or email: [darren.english@hackney.gov.uk](mailto:darren.english@hackney.gov.uk)

 Event Time

**Thu, 2nd  
Nov 2023**

12:30pm – 1:30pm

 Event Price

**Free**

 Event Location

**Britannia Leisure Centre**

Pitfield street

N1 5FT

