

## **Palace Club**



Come along for a morning of singing, movement, fun and (sometimes) chips! The Palace Club is a social group open to all Hackney residents aged 65 and over.

## **About This Event**

Join the Chats Palace team and friends for a morning of fun activities, guided Pilates, socialising and meeting new people. You will be treated to morning tea, coffee, and a delicious healthy lunch from one of Chats Palace's selected local caterers. The Palace Club is once a week and is always happy to welcome new members to the club. Please note that this activity is exclusively for people aged 65+ who live in Hackney. If you like to attend please call the number below.

## **Accessibility Information**

Chats Palace has step-free access to the building. The Ground floor is fully wheelchair accessible, with double doors throughout. For more information, please contact, 0203 866 7195 or email producer@chatspalace.com

