

# **West African Cooking**



Join vegan chef, TV & radio personality, author and master herbalist Nena Ubani, aka Duchess Nena, on a journey through West African food.

#### **About This Event**

Take home invaluable knowledge, important stories and ideas on how to experiment with authentic African spices and recipes. Enjoy a nourishing and uplifting experience and time for yourself, learning how to shop for and make some healthy, low cost and delicious West African plant based recipes. To book you place, you can click here or visit:

https://docs.google.com/forms/d/e/1FAlpQLScqxjSpkDSLg0NapkiMPpYNaWtOk1PjGrfFN5sZ8l2j9 you don't have internet access, you can call 020 8442 4266.

### **Accessibility Information**

Made in Hackney is fully accessible. Please note: Made in Hackney's kitchen handles allergens and cannot guarantee food created will be allergen free. You participate at your own risk.



### Sat, 11th May 2024

11:00am - 1:00pm

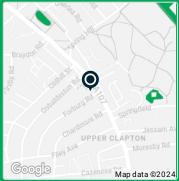
Event Price

### Free

Event Location

## Made in Hackney (Liberty Hall)

128 Clapton Common, Spring Hill, Clapton, London E5 9AA



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