

West African Cooking



Join vegan chef, TV & radio personality, author and master herbalist Nena Ubani, aka Duchess Nena, on a journey through West African food.

About This Event

Take home invaluable knowledge, important stories and ideas on how to experiment with authentic African spices and recipes. Enjoy a nourishing and uplifting experience and time for yourself, learning how to shop for and make some healthy, low cost and delicious West African plant based recipes. To book your place, you can click [here](#) or visit:

<https://docs.google.com/forms/d/e/1FAIpQLScqXjSpkDSLg0NapkiMPpYNaWtOk1PjGrfFN5sZ8I2j9>
you don't have internet access, you can call 020 8442 4266.

Accessibility Information

Made in Hackney is fully accessible. Please note: Made in Hackney's kitchen handles allergens and cannot guarantee food created will be allergen free. You participate at your own risk.

🕒 Event Time

Sat, 11th
May 2024

11:00am - 1:00pm

🏷️ Event Price

Free

📍 Event Location

**Made in Hackney
(Liberty Hall)**

128 Clapton Common, Spring Hill,
Clapton, London
E5 9AA

